

FRESH JUICES

All Quenchers’ juices are 100% fruit/veg.

We only add ice if requested

Small \$6 • Medium \$7 • Large \$8

- **Veg Out** - A vitamin fix
beetroot, spinach, carrot, celery, parsley & cucumber
- **Charlie Sheen** - A detox juice
ginger, apple, watermelon & mint
- **Rumble in the Jungle** - A digestion solution
carrot, apple, beetroot & ginger
- **Beam Me Up** - An energy boost
pineapple, guava, apple & strawberry
- **Green Day** - Clarity
celery, apple, lemon, cucumber & mint
- **Kung Flu Fighter**- An immune booster
lemon, carrot, orange, parsley & apple

DAIRY FREE QUENCHERS

All blended with ice.

Small \$6 • Medium \$7 • Large \$8

- **Hawaii-5-O** - *pineapple, mango & coconut*
- **No Rum Punch** - *guava, mango, lemon, orange & rose syrup*
- **Bramble** - *berries, apple, lemon & honey*
- **My Tai** - *pineapple, orgeat, lemon & orange*
- **Green Machine** - *banana, spinach, parsley, apple, avocado & honey* +\$1

SMOOTHIES

Small \$6 • Medium \$7 • Large \$8

- **Banoffee Pie** - *banana, caramel & biscuit*
- **Mona Lisa** - *mango & passionfruit*
- **Menage a Trois** - *3 berries*
- **Huggy Bear** - *peanut butter, honey & banana*
- **Cadel Evans** - *mango, banana, avocado & a whole free-range egg* +\$1

MILKSHAKES

Small \$6 • Medium \$7 • Large \$8

Caramel and Passion Fruit • Banana and Cinnamon • Chai

Berry Ripe • Chocolate, Strawberry, Vanilla or Banana

☎ 07 5449 2420

COFFEES

Quenchers use 100% organic artisan fairly traded espresso.
Our beans are ethically sourced and locally roasted.

	Small	• Large	• XL
• Coffees, hot chocolate, chai latte:	\$4	\$4.50	\$5.50
Extra shot/ soy: +50c • Honey: +30c			
Decaf / almond / coconut / syrups: +\$1			
• Turmeric Latte	\$4.50	\$5	-
• Mocha	\$5	\$5.50	-

• Iced coffee / chocolate	\$6
• Iced Mocha	\$6.50
• Organic tea	\$4.50
• Chai tea pot with milk & honey	\$5

SWEET TREATS

Enjoy choosing from our selection of delicious
home-baked treats

From \$3

CATERING

Quenchers has catered for 10-450 people, office to
convention groups.

Our healthy and delicious catering fare is a hit with
clients and delegates alike.

Call us today on 07 5449 2420 for your
personalised quote.



☎ 07 5449 2420

Quenchers Espresso Bar & Juicery



📍 9 Sunshine Beach Road
Noosa Heads. QLD. 4567

☎ 07 5449 2420

To pre-order for collection please **call** us only.

For any other enquiries, please either call or get
hold of us below

🌐 www.quenchers.com.au

✉ info@quenchers.com.au

📘 @Quenchers.com.au

📷 @quenchersespressobarandjuicery

ALL DAY BREAKFAST

• Banana Bread - <i>toasted with honey & butter</i>	\$5
• 5 Fruit Toast - <i>with butter</i>	\$6
• Granola - <i>with banana, milk/ yoghurt & honey</i>	\$8.50
• Noosa Sunrise - <i>mango, coconut, yoghurt, honey, oats & granola</i>	\$9
• Florentine Wrap - <i>smoked salmon, spinach, egg & hollandaise sauce</i>	\$11
• Eggs Bene - <i>smoked ham, cheese, egg, spinach & hollandaise sauce</i>	\$10.50
• Toasted Breakfast Wrap - <i>ham, egg, tomato, mushroom & spinach</i>	\$10
• Fresh Fruit Salad - <i>with yoghurt</i>	\$8.50
<i>add Granola</i>	\$2.50

AÇAÍ BOWLS

All topped with granola

all \$12

- **Formula 1**
Acai berries blended with banana & apple
- **Formula 2**
Acai berries blended with banana & orange juice
- **Formula 3**
Acai berries blended with mango & pineapple

EXTRAS

+ \$2.50 each	+ \$1 each
• Extra Granola	• Cacao
• GF Granola	• Coconut
+ \$2 each	• Banana
• Whey	• Berries
• Chia	• Oats
• Maca	• Peanut Butter
• Spirulina	

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WRAPS / SALAD BOWLS

From \$8.50 / \$10.50

Smoked salmon/ falafel +\$2.50 • Chicken/ Ham +\$2
GF wraps +\$2.50 (Add your favourite extras)

- **Caesar** - *lettuce, egg, anchovies, parmesan & Caesar dressing*
- **Greek** - *spinach, feta, kalamata olives, red onion, tomato & tzatziki dressing*
- **Mediteranean** - *lettuce, tomato, feta, black olives, red onion & basil pesto*
- **Antipodean** - *lettuce, egg, beetroot, carrot, cheese, onion & mayonnaise*
- **Bohemian** - *hommus, spinach, cucumber, carrot, tomato & parsley*
- **Falafel** - *with carrot, tomato, lettuce, red onion & house made tahini sauce*

TOASTED WRAPS

all \$10

- **Toasted Vego**
egg, tomato, mushroom, cheese & spinach
- **Toasted Chicken**
chicken, mushroom, cheese, spinach & sweet chilli
- **Toasted Ham**
smoked ham, tomato, red onion, spinach & pesto

- **Kids Only** - ham, cheese & tomato - \$6



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EXTRAS

Add your favourite extras to your wraps or salad bowls

+ \$2.50 each	+ \$2 each
• Smoked Salmon	• Chicken Breast
• Smokes Tofu	• Leg Ham
• Falafel	
• Gluten Free Wrap	

+ \$1 each	
• Semi-dried Tomato	• Capers
• Feta	• Pesto
• Cheddar	• Hommus
• Parmesan	• Tzatziki
• Jalapeños	• Tahini Sauce
• Avocado	

+ 50c each	
• Hot Sauce	• Caesar Mayo
• Sweet Chilli Sauce	• Extra Salads



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